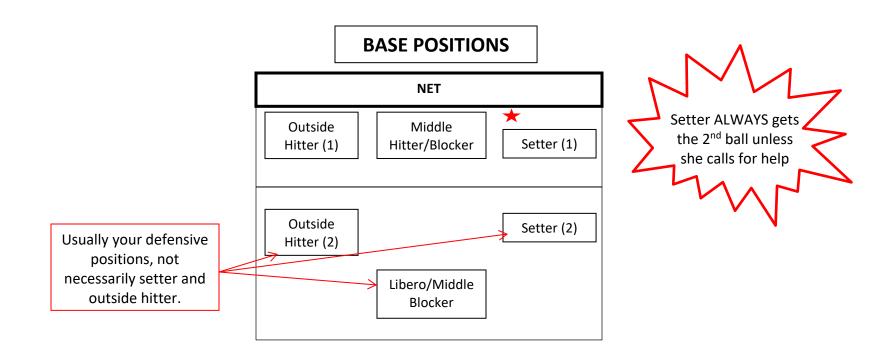
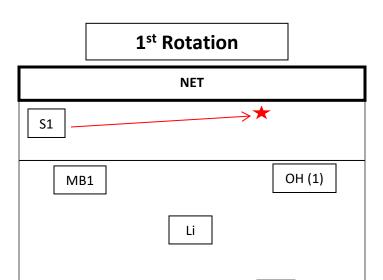
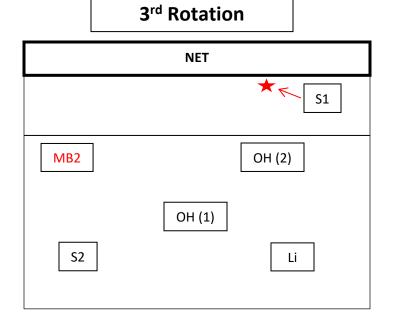
SIDE-OUT ROTATIONS

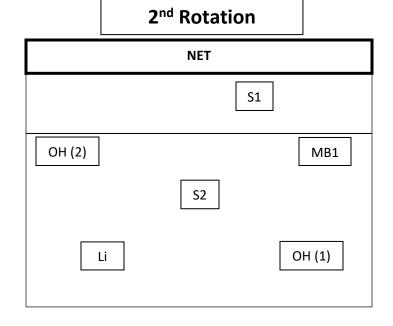


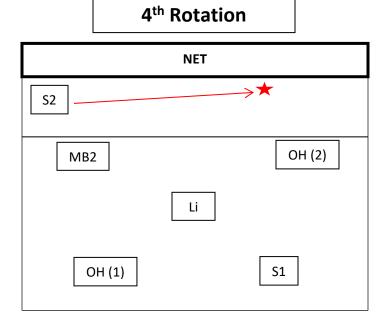


OH (2)

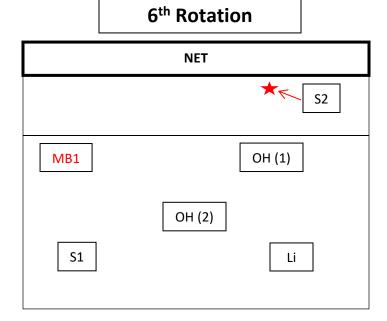
S2







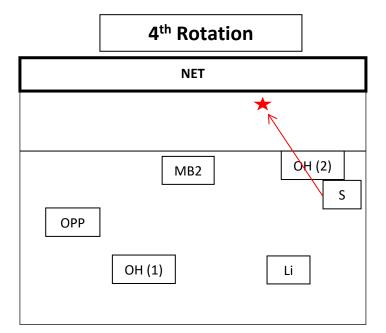
5th Rotation NET S2 OH (1) MB2 S1 OH (2)



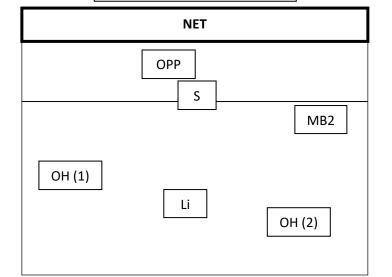
Things to note:

- Every rotation that you change from front row to back row or vice versa, is most likely where substitutions will take place
 - o This is important to note for the middles and the libero especially
 - O Libero's do **NOT** have to play out of the back middle, but for simplicity, that is how it is shown.
- These rotations <u>ONLY</u> stand when the other team is serving, once the ball is served you <u>ALWAYS</u> go to your "Base" position
- When we are serving, front row is at the net waiting to block the other team and back row is in defensive positions waiting for the ball to be returned
- Your opposite (the other person playing your position in the front/back row) should always be diagonal to you.
- You may NEVER cross to the back row if you are front row and vice versa before the ball is served
 - For example in Rotation 5, S2 may never come behind S1 and the same for OH(1) and MB(2)
- You can also not stand on the opposite side of the player next to you (only matters for your row)
 - For example in Rotation 5, S2 must stay to the left of MB2 and the right of OH(1), MB2 has to stay to the right of S2 and OH(1), but does not have to worry about OH(2) as long as they do not cross front/back. Sides only matters for your row





5th Rotation



6th Rotation

