## SIDE-OUT ROTATIONS





Things to note:

- Every rotation that you change from front row to back row or vice versa, is most likely where substitutions will take place
- This is important to note for the middles and the libero especially
- Libero's do NOT have to play out of the back middle, but for simplicity, that is how it is shown.
- These rotations ONLY stand when the other team is serving, once the ball is served you ALWAYS go to your "Base" position
- When we are serving, front row is at the net waiting to block the other team and back row is in defensive positions waiting for the ball to be returned
- Your opposite (the other person playing your position in the front/back row) should always be diagonal to you.
- You may NEVER cross to the back row if you are front row and vice versa before the ball is served
- For example in Rotation 5, S2 may never come behind S1 and the same for $\mathrm{OH}(1)$ and $\mathrm{MB}(2)$
- You can also not stand on the opposite side of the player next to you (only matters for your row)
- For example in Rotation 5, S2 must stay to the left of MB2 and the right of $\mathrm{OH}(1), \mathrm{MB} 2$ has to stay to the right of S 2 and $\mathrm{OH}(1)$, but does not have to worry about $\mathrm{OH}(2)$ as long as they do not cross front/back. Sides only matters for your row



